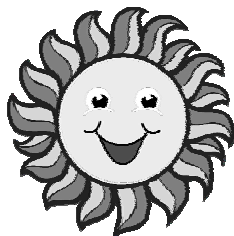


Introduction to Self-Direction



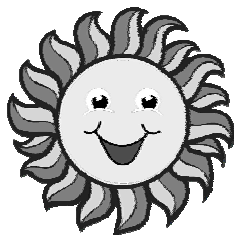
Module 1 (Part A) Dreaming

Materials developed by:
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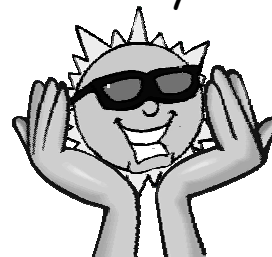
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Introduction to Self-Direction



Module 1 (Part A) Dreaming

Self-direction is
about you.



Self-direction is about
your everyday life.

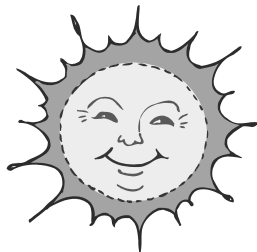


Self-direction is about



you being in charge.

Self-direction is about
you being happy!



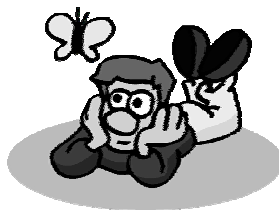
DREAMING

CHOOSING

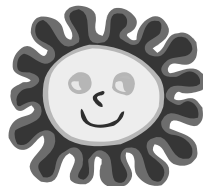


PLANNING

Self-
direction
is about
your
dreams.

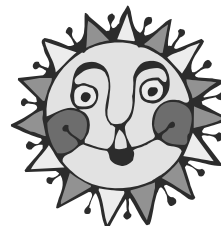


What are your
dreams?



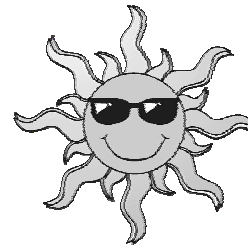
What is something that
you would like to have
happen to you?

Who do you want
to be with?





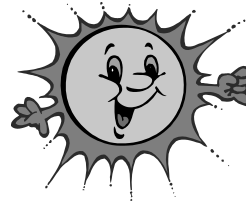
What do you like to do
and where do you like
to do it?



We each have our
own dreams!



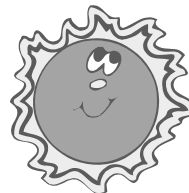
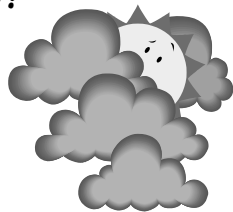
Dreams are about
the things that are
important to us



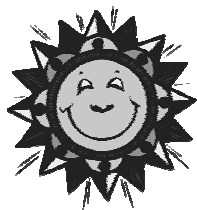
Activity #1

Dreaming Out Loud

Statements-
yes or no?



Do we all
think alike?



Activity #2

Drawing Our Dreams

**Share your thoughts
with us...**



1. What is one thing you learned about self-direction?
2. In this training, what does it mean to “dream”?
3. Do all people have the very same dreams?
4. Who are the people with whom you could share your dreams?
5. What more do you want to know about self-direction?